



FOR THE BRS TEHILLIM CIRCLE MEMBERS AND BEYOND...

Tehillim Circle's Inspirational Message for Adar 5778

What is joy and how do we increase it in the month of Adar?

Perhaps we can gain a better understanding of joy by exploring where it appears in some of our Tehillim.

Psalm 30 – 12) You have turned for me my mourning into dancing; you have loosed my sackcloth, and girded me with gladness; 13) To the end that my glory may sing praise to you, and not be silent. O Lord my God, I will give thanks to you forever.

Chapter 67- 1) To the chief Musician for stringed instruments, A Psalm Song. 2) God be gracious to us, and bless us; and let his face shine upon us. Selah. 3) That your way may be known on earth, your salvation among all nations. 4) Let the peoples praise you, O God; let all the peoples praise you. 5) O let the nations be glad and sing for joy; for you shall judge the peoples righteously, and govern the nations on earth. Selah. 6) Let the peoples praise you, O God; let all the peoples praise you. 7) The earth has yielded her produce; and God, our own God, shall bless us. 8) God shall bless us; let all the ends of the earth fear him.

Psalm 100 - 1) A Psalm of thanksgiving. Make a joyful noise to the Lord, all the earth. 2) Serve the Lord with gladness; come before his presence with singing. 3) Know that the Lord is God; it is he who made us, and we belong to him; we are his people, and the sheep of his pasture. 4) Enter into his gates with thanksgiving, and into his courts with praise; be thankful to him, and bless his name. 5) For the Lord is good; his loving kindness is everlasting; and his faithfulness endures to all generations.

Known as the Psalm of Thanksgiving, and verse 2 appears in BRS over our Holy Ark!

So you begin to notice the running theme? Just as the sun breaks through the horizon at dawn with greater intensity, so too joy is an exuberant feeling that bursts forth in song, in dancing, in feeling, and in prayer when we witness and experience God's love and personal miraculous salvation.

That is exactly what happened in Persia for the Jewish people when they did intense Teshuvah and reaccepted God as the creator and sustainer of the universe, the world, and His creations. As we enter into Adar, think back to the amazing miracles Hashem has performed for you, your family, and the Jewish people. Let us serve Hashem with joy and infuse it in everything we do!

I will retell a Chassidic story to help elucidate the point that where ever we are Hashem wants us to be and wants us to serve Him with a full joyful heart. That is our mission that is our song, just like in Perek Shira and the songs His creations sing everyday as they live their missions.

Blessings of Shalom for a Joyous Adar,

Yocheved

Yocheved Hande
BRS Tehillim Circle Founder



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The Story of two Chassids Who Find Themselves in a Prison Cell.

So, of no fault of their own, except for being yidden, two Chassidim end up in a prison cell with hardened criminals. It's now time to Daven Mincha and one of the Chassidim start to cry. "Why are you crying?" asked Moshe. "Why am I crying?" said Reuven... "There's a pail in the middle of the floor for the prisoners to relieve themselves and we can't daven now!!" Moshe then says to Reuven, "Hashem obviously doesn't want us to daven now. We are fulfilling God's Will by not davening. I have an idea, if we can't daven then let's dance and sing." So they started singing and dancing around the pail and their joy was so contagious that even the prisoners joined in.

The Guards started to notice all the "noise" coming from cell 613. They ran and started to scream, "what is going on here?" At which point one of the prisoners said that these two Jews were dancing and singing because there is a pail in the middle of our cell. "Well, we can totally take care of that!" At which point they removed the pail, the dancing stopped, and the davening began! :)

WOMEN'S TEHILLIM CIRCLE SCHEDULE

On Wednesday night, February 14th, Rosh Chodesh Adar
please rotate to the next 3 Psalms as follows:

PSALMS	READER/S	PSALMS	READER/S
1-3	Jean Cohen & Irene Berger	79-81	Yocheved Hande
4-6	Carol Kahn	82-84	Dorothy Perkins & Tamar Nawy
7-9	Pam Abitbol	85-87	Amy Wolnerman & Caroline Kalter
10-12	Esther Abrams	88-90	Sara Brudnoy
13-17 (5)	Tanya Reinfeld & Toby Albert	91-93	Deena Kinken, Sari Halpern and Helen Silkin
18	Bonnie Weinreb & Baila Kaplan	94-96	Becky Michael
19-21	Leah Chana Levy & Chaya Sura Bukhover	97-99	Pam Cohen
22-24	Rhona Cohen & Tova Goldberg	100-102	Bonnie Jacobson
25-27	Ruth Bejar	103-105	Pam Silverman & Davida Nakdimen
28-30	Debbie Rand	106-108	Joyce Hacker & Andrea Lieberman
31-33	Jackie Lome & Elana Belizon	109-111	Marion Santhouse
34-36	Sarah Margolies & Rita Rubin	112-114	Rachel Bensimon & Shari Matz
37-39	Rosalie Somsky	115-118 (4)	Anna Cohen & Eliana Galer
40-42	Chana Feinberg	119 (1-96)	Avigayil Alpern & Margo Rosman
43-45	Ellen Averbook & Jane Teichner	119 (97-176)	Penny Pearlman
46-48	Carolynn Jarashow and Gigi Kaminetzky	120-123 (4)	Gila Griner
49-51	Betty Maikhor	124-126	Marissa Levenson
52-54	Sara Schandelson	127-129	Beth Plotkin
55-57	Susan Siedler and Shifra Coker	130-132	Gwenn Lerman & Shoshana King
58-60	Michal Marcus	133-135	Georgina Rice
61-63	Suzanne Scheiner	136-138	Shirley Girnun
64-66	Chani Salamon & Fay Eisenberg	139-141	Betty Goldberg
67-69	Linda Melcer & Orly Sabag,	142-144	Diane Charme & Leora Rosenberg
70-72	Malka Morris & Miriam Fox	145-147	Rochelle Ettetdgui
73-75	Carol Hordish & Mimi Furst	148-150	Susan Rotsztajin & Ana Kan
76-78	Tova Gil & Bruia Kodsi		

WOMEN'S TEHILLIM REFUAH SHLAYMAH

February 14, 2018

Peninah bat Craindel
Avigile Malka bat Chana Yehudis
Alta Haita bat Devorah
Sprintza Shaindel Bat Henya Rochel
Shayna Rochel bat Feige
Sara bat Chaya
Dina Malka bat Devorah Tsiral
Avigayil bat Rochel Geeta
Ariella Simcha bat Sarah Leah
Esther bat Doba
Aliza bat Mesodi
Suri bas Lea
Sara Faige bat Bluma
Luba bat Chana
Dina bat Chaya
Baila Ruth bat Sarah
Ayelet Mariah bat Ranana
Blima Yosefa bat Chaya
Esther Hadassa Chaya bat Pearl
Orli Rachel bat Yehudis Rus
Liba Rivka bat Esther Malka
Muna bat Salima Shulamit
Ruth bat Sarah Immeinu
Leah bat Mechel L'Chaya
Laya Goldie bat Yetta
Chana bat Sarah Rivkah
Gaya bat Shayna
Hannah Arielle bat Yehudit Gila
Linda Saada bat Chana

Benyamin Eliezer Ha Levi ben Isrus
Aryeh Michael ben Liza
Chaim Yitzchak ben Shaindel Hinda
Isaac Shaya ben Taliya Levana
Shmuel ben Eva
Moshe Dovid ben Hannah
Shmuel ben Chana Menucha
Yerachmiel Moshe ben Hinda
Pinchas Tzvi ben Yechezkel
Arkady ben Chaya
Alexander ben Roza
Leo ben Leah
Baruch Tzvi ben Rikva Basya
Simcha Shmaryahu ben Ita
Yehudah ben Rochel
Tuvya Yaakov ben Masha
Yoel ben Etel Tziviva
Mordechai ben Hassya
Josef ben Rochel
Yaakov Moshe ben Gittel
Yosef Avraham ben Chana
Chaim Nachum ben Leah
Michael Mendel ben Chava
Ayia HaCohen ben Nellie Sura
Yehezchal ben Leah
Aryeh Leib ben Batsheva
Yerchemiel David ben Malka
Benyamin Yitzchak ben Nina
Todras Motel ben Shana Leah
Dovid Zev ben Pessel
Chanoch Henoah ben Devora
Yitak Litma ha Levy ben Liba Rifka
Chaim Eluzer ben Malka
Yikat Litma Ita Levi ben Liba Rifka